



## Prayer for openness and Discernment

(1)

“If this man were a prophet, he would have known who and what kind of woman this is who is touching him that she is a sinner.” Lk 7: 39

Jesus, you have shown us by your life and example how to be inclusive and open to the needy, the sick, the unloved and the rejected. You had a heart that looks right into the hearts of persons and situations and did what is needed as the time and circumstances demanded of you. Your generosity surpasses that of any one who walked on this earth. You taught us how to go beyond the cultures, cast and religion. Your vision was all inclusive and everyone was your friend; saint and sinner, friend and foe alike. Today we thank you for our founder and Father Saint Arnold Janssen who shared in your universal vision that prompted him to found the three Mission Congregations and send missionaries far and wide into the four corners of the earth to spread your message of love to everyone especially the ones who have not heard of you. We thank you for calling us into this international congregation and preparing us for a universal mission as you intend us to be. May we be ever open to go beyond our narrow thinking that limits us to love only those who love us and care for those whom we think are worthy of our care and attention. May we ever more realize the significance of your teaching by your life and example and may you open our inner eyes to see as you see and to understand as you understand. May our hearts throb to direct our lives according to your plan and purpose.

**Sr. Deepa Thomas SSpS**

(2)

O God of wonder and might, look kindly upon us your faithful people, as we move and grow through this daily life that we are given. We know that we are not alone on this journey as your spirit empowers us in each new day that we encounter. We take time to listen and reflect on the words of scripture, which can renew and refresh us. We are powerfully moved by you. We just stop and pay attention to the spirit's movements in our life and be open to review your inspirations. Helps us to walk reflectively with appropriate pause, and not to be in such a hurry in this journey of life. Help us to appreciate the beauty and freshness around that give us the passion to live each moment to the fullest. Prophet Isaiah proclaimed, “The Spirit of the Lord God is upon me” Is: 61:1. The same spirit lives deep within each of us, but we sometimes do not realize it. We ask the Spirit of Jesus to continue to enliven us with the enthusiasm for life and help us to remain open to the presence and power of our loving God. Amen

**Sr. Jona SSpS**

(3)



Most Blessed Trinity, you are the source and life of all. We acknowledge your greatness, power, wisdom and love. You are the ocean of grace and mercy. You have placed this desire of openness within us and we continue to seek your assistance and guidance of your Holy Spirit. Nothing is possible without your help. We know our utter helplessness. We come to you in total surrender, teach us how to open ourselves and listen to your inner voice within. May we consciously let ourselves be led by you who alone are our guide. We thank and praise you for having blessed us already. We need only to recognize and awaken ourselves to your working within us. Amen.

**Sr. Philo Jose SSps**

(4)

Lord of love giver of all life we give you our entire liberty take and receive my memory, understanding my entire will, all that I have and possess. You have given all these things to me, to you I return them. Give me only your love and your grace, for that is enough for me. Let my hearts be wide open to embrace the whole humanity with humility for which we need healing from short and narrow sightedness. We need healing to perceive the wisdom and mercy of God at work. We need compassion from which we can get support just like the two blind men support each other. Give us the grace of being vigilant to understand the signs of our Lord particularly when we are faced with struggles and sufferings in our life.

**Sr. Pratibha Pradhan SSps**

(5)

God of silence and God of all sounds, help me to listen to my inner voice and get attuned to your will. I am grateful to you Lord God, for your indwelling presence in my innermost being. You allow me to exist and experience your powerful presence and interventions in my life in varied forms.

Help me to listen to your gentle voice, movements and inspirations from the core of my heart. You speak to me through your spirit and give me an experience of your heart. Draw me deep into your being, into the core of your love for me. Give me a glimpse of others the way you see others; loving them, forgiving them, and delighting in the way they give glory to you through their very existence.

Help me to discern out of that open place of deep affection that I might be a useful vessel of your love in the world. Help me and all of us that we may discern with open mind and heart, leaving behind all that come on our way of discernment, all that hinder us, all that prevent us, all that bring ill feelings. At every stage of discernment may we be drawn to your holy will. Amen

**Sr. Jona SSps**

