



**SACRED HEART OF JESUS**

(1)

Sacred Heart of my Lord and Saviors Jesus Christ, with deepest reverence I adore you. You are worthy of the love and adoration of all the heavenly Spirits. Lord you showered on us all that you possessed from your Father and you willingly died on the Cross that shows how much you love us, nobody can measure it. Most holy heart of Jesus, fountain of every blessing, I adore you I love you I offer you this poor heart of mine, make me humble, patient, pure and wholly obedient to your will. Help me to endure the pain, difficulties that come into my day today life, help me to carry my daily cross happily knowing that you did it. Sacred heard of Jesus, pour out your holy blood upon me that I may be pure in my heart, mind and soul. Teach me to love you with my whole heart and let me come to you with humble heart O, Jesus.

**Sr. Deepti Soreng SSps**

(2)

Most sweet Jesus, Redeemer of the human race, look upon us humbly prostrate before you king and center of all the hearts, I praise you and adore you. O Jesus, in the fullness of your love destroy the hatred from my mind, heart and soul; with your precious blood make me humble, patient, pure and wholly obedient to your will. I invoke your healing touch on my exhausted nerves, anxious mind and heart. Never let me stumble for the want of help. Almighty Jesus assists me to find shelter in your arms when I need you the most. Amen

**Sr. Fransiska Kido SSps**

(3)

Most sacred Heart of Jesus, dwelling in tabernacle of each human heart, I love you, adore you and venerate you because you are my Lord and master. Divine Heart of Jesus you are rich to share with me your riches, happy to make me happy, blessed to make me blessed. O Divine Heart of love, I ask you to wash my whole body with your precious blood. Heart of love, I trust in you completely as I consider my weakness and then ponder on your love. I hope for all things that draw me closer to you. My Lord and my Savior, I pray to you to write my name deeply in your most Holy Heart. Let it be my joy and glory to live and die in your service. Amen.

**Sr. Premcila Minz SSps**



(4)

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| Sacred heart of Jesus, indwelling of blessed Trinity           | - we adore you   |
| Sacred heart of Jesus, fountain of all graces                  | - we worship you |
| Sacred heart of Jesus, the ocean of love and compassion        | - we love you    |
| Sacred heart of Jesus, home of poor and afflicted              | - we thank you   |
| Sacred heart of Jesus, full of majesty                         | - we praise you  |
| Sacred heart of Jesus, source of all blessings                 | - we need you    |
| Sacred heart of Jesus embracing the heart of repentant sinners | - we worship you |
| Sacred heart of Jesus, full of mercy                           | - we adore you   |
| Sacred heart of Jesus our timeless healer                      | - we need you    |

O most sacred and benevolent heart of Jesus come to our heart, mind and soul for we need you so much. We earnestly desire you. We long for the living water that is gushing out from your sacred heart. Quench the thirst of our weary soul. Cleanse us and heal us completely as we are being immersed in your love and Divine presence. Lord, it is in your heart we find our life in fullness. It is in your heart we find our life so peaceful and happier. We hope in you Jesus our Divine Savior and place our trust in you as we come in humble adoration before you today, let your sacred heart envelop our hearts and transform our life in this hour of encounter with you. Amen.

**Sr. Dibya Mallika Dang SSps**

(5)

O Lord Jesus Your Heart was pierced with a lance and the blood and water flowed from your wounded heart, the sign Your unfailing Love and grace for us. O Incarnate Love Divine, may your constant love, and Wisdom fill my heart and transform me into a worthy follower of yours to serve the people with compassion. I surrender my life to you as nothing will separate me from your loving Sacred Heart. I firmly believe in your promises of the living water to all who come drink and be satisfied. Fill me with your Love which flowed from your pierced Heart by your Holy Spirit who has been given to us. Guided by the Holy Spirit and your love, impel me to live for others with love and mercy in selfless service. May the Love of Sacred Heart help me to follow the new Commandment of love so that people will know me as your disciple will Praise the Heavenly Father.

**Sr. Manjita Tigga SSps**

(6)

O Most holy Heart of Jesus, fountain of every blessing, I praise you, love you and pay homage to you with a deep sense of sorrow for my sins, I offer this poor heart of mine make me humble, patient, pure and wholly obedient to your will. Grant good Jesus that I may live in you and for you alone. O sacred heart of Jesus bruised for my offenses, forgive me my sins. Dear saviour, in the tenderness of your heart, watch over me today and always. So that I may become an instrument of your love and peace to all people. Amen.

**Sr. Sunita Digal SSpS**

(7)

Oh, Sacred Heart of Jesus, supreme healer of heart, mind and soul. From your wounded side flowed the precious blood and water, sign of your love and grace. You have healed and redeemed us from all our sins with your blood and given life. Jesus fountain of every blessing, I adore you, with all my heart. Make me humble, patient, pure and obedient to your will. Good Jesus help me that I may live in you and for you. Protect me in the midst of danger and comfort me in my afflictions.

**Sr. Sushmita Soreng SSpS**

(8)

Most Holy and Divine Jesus, We adore You, Praise You and Glorify You. We worship You as the author of our being. We consecrate to You, our thoughts, words and actions so that we may remain attune to You. Illuminate our intellect to inflame our will, to purify our body. May we always remain connected to you, experiencing Your Divine presence. Amen.

**Sr. Antonette Sebastian SSpS**



God says, *“Be still and know that I am God.”* Psalms 46:10