



Prayer for the Formators

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Holy Spirit of God, you are our true formator and you choose persons to channelize your grace to make authentic personal transformation possible in our lives. With grateful hearts we bring before you such persons who are willing to lead by example and guide by spiritual wisdom, inspire and motivate towards self-transcendence, die to their self, many a times and rise with you. We do recall the birthing experiences of our new self, while being closely accompanied by them. We know that they have played the role of a midwife, assisting us, preparing us to leave our comfort zones and begin to live in a challenging world with a special charism. Their unconditional positive regard for our sacred self, while we let them be part of our troubled life journey was indeed a sign of your presence with us. Like a spiritual companion, they have taught us to explore the 'Holy' in all circumstances, like a mother extended a warm and compassionate heart even when we disregarded them, like a friend or sister stood by us when inconsistencies and self-doubt overpowered us, and invited us to be part of a vision when we found life meaningless and blank.

Jesus, you knew what it means to lead a band of people from different walks of life, with diverse personalities, life experiences and cultures towards a vision. You experienced friendship, brotherhood, loyalty, openness to growth, joy of accompaniment and at the same time disregard, alienation, rejection, lack of understanding, disbelief, betrayal of trust etc. Your response to all these situations and persons was based on pure love. Remind our formators of your experience when they pass through similar experiences. Bless our formators to follow your model of formation that is inclusive, person oriented and holistic. Let them be daring to challenge us as you did when we opt for duplicity and unfaithfulness, let them be loving and warm when we need them the most, let them be patient when our growth gets stunted, let them be human in their approaches when we fail them with their expectations of us, let them strive towards maintaining their inner equilibrium when faced with conflict between their personal needs and values, and may they come to you for solace when surrounded by overwhelming opposition and negative energy.

Abba father, mould our formators into your image that they may reflect your compassion, walk the talk like Jesus, and animate us like Holy Spirit, to delve the depths of our inner dimensions.

Sr. Jessy Mary Paul SSps

Abba Father, you have called me to give myself totally in the role of a formator to those whom you have entrusted me with. O God of love and compassion, companion on the journey, when my peace of mind and gentleness of heart slip away, hold me close to you. When I lose sight of my worthiness and inherent goodness, hold my hand. When unrealistic expectations overshadow my joy and satisfaction, take my hand. When I forget to take a break and listen to my inner being, draw me close. When the path of life looks fruitless and deserted, when even Your presence has fled my awareness, bring me home.


Help me to see that I am never alone; I am part of all of life. Each one's joy and sorrow is my joy and sorrow; and mine is theirs. May I draw strength from this inner communion. Remind me often that you walk with me when I walk along in the cloudy greyness of life. Keep teaching me how necessary it is to care well for myself, to trust that the valley of darkness I walk through, is a part of the journey of spiritual transformation.

God of my heart, as you listen to the cries of my wounded soul, may your heart of love, be a solace to my weary heart. And may it help me to be a compassionate presence for all who struggle in their life journey, especially those I journey with. I place my hand in yours once again and move forward with hope in your loving presence. Amen.

Sr. Bridgit George SSpS

God our creator, a formator creates and co-creates the lives of those she journeys with. Her journey is a journey to the sacred place of a person's faith, beliefs, attitudes and values. She unfolds the multi dimensional aspects of people's lives. She walks with them closely in the thick and thin of their lives. She helps exploring their goals in life and assists them to identify the resources people have already within. Come Spirit of God, you are the energy giver of our formators. Permeate every fibre of their being with the vitality of your presence so that they may be immersed in the power of your strength. May she be an attentive listener, a reflective person who will accept joyfully those she accompanies. May she be an expert in the field of her service enabling growth and reassuring the right direction so that persons are at their best. Amen.

Sr. Preethi Thomas SSpS



Formators are the voice of God as the prophets in the hand of God. Lord God you called persons to follow you as you had done in your time here on earth. In Mt. 4:18-22 Jesus called Simon and Andrew, and again he called James and John - Fisher men. He said to them "come follow me, I will make you Fishers of people. Jesus is the greatest and perfect formator. He really formed the fishermen. He formed, shaped, changed their behavior, made them as He liked them and be. This is the work of a formator. Lord God you have given them this great responsibility. We do believe that if you give such responsibility you also give them the necessary graces to carry out the mission which you have entrusted to them. Lord it not an easy job, you know it O Lord, give them wisdom like that of the King Solomon that they may do justice and right in their mission, with whom they deal with. Give them strength and courage to go on, in odd and difficult situations. Lord God bless them with the gifts and fruits of the Holy Spirit, hope, trust and confidence as they perform their duties. Make them an example, role model and a healing bam for the formees. Give them grace to love and enjoy the work they do. Be with them Lord so that they may earnestly strive to make the formees faithful and whole. Lord Jesus train the formees who have said yes and come to follow you. Lord bless all the formators, so that they may help their formees to love Jesus, His mission and imbibe Gospel values in their life. Amen.

Sr. Vinita Joseph SSpS

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