



PRAYER FOR WHOLENESS, RECONCILIATION



(1)

Loving Father Mother God, maker of all and mentor of our broken world, we come to you in faith and trust. We come to you in humility and simplicity. We know that we are helpless without your presence. We invite you into the midst of our brokenness, into our anxious moments, and into our vulnerable moments where we fail to understand ourselves and our surroundings. Enter into those parts of our very being where we need healing, heal us, heal our emotions, heal our spiritual wounds, heal our entire body. Heal us that we may be able to accept all of our being with all our shortcomings and limitations.

May your love flow through us like a river when we find ourselves in circumstances which are bewildering or overwhelming, when we are in pain and grief, when we cannot find word or words seem inadequate, may your love take hold of us, may your light shine in our hearts. Envelop us with your Holy Spirit to prompt us and protect us that we may be able to recognize your encompassing presence personally and as a community into the circumstances we face and issues we care about. Make us persons of integrity and faithfulness that we may realize the worth of our call for which you have chosen us to be your instruments of peace, love, joy, and compassion. May we remain steadfast to your unending blessings and make us whole again to reach out to many more who look up to us as persons of love and compassion.

Sr. Lissy Jose SSps

(2)

Lord God, source of infinite power and infinite spirit, we come to you this day in hope and newness. Allow us to begin anew to claim and create all that is good. Bestow on us the grace to recognize our need to forgive ourselves from all that are unhealthy, unbecoming of ourselves as your children and as your disciples. Heal us from our indifferences, heal us from our pride, heal us from our evasiveness, and self-centeredness. Give us the grace to love us (ourselves) unconditionally as you love us that we may be able to forgive us and forgive others. May the spirit of wisdom and understanding increase, to express my inner beauty and strength of my true being. Instill in me your graciousness and compassion that I may be able to accept the other with all their differences that they too may be able to find newness of life in themselves, be able to radiate positivity, gratefulness and become the best version of ourselves.

Sr. Lissy Jose SSps

(3)

Almighty ever living God, Father, Son and Holy Spirit, dwelling in the cave of my heart and in the hearts of all people, I praise, thank and worship your most holy name. Assist me o Blessed Trinity to become aware of your abiding presence in each and every moment of my life situations. May I recognize the unique giftedness of every person and value them as your beloved children. Holy Spirit, fire of love, fall upon me with a mighty wind and wipe away all negative energies from within and burn brightly every fiber of my being. Fill my mind and heart with your radiating love, peace and joy. Let every thought, word and action of mine become a reflection of your living word. May I be moulded in to your image and likeness. I make this prayer in the powerful name of Jesus. Amen.

Sr. Cecil Mathew SSpS

(4)

Almighty God, I thank you for making me in your own image and likeness, I do believe that I am the crown of your creation. I am the living symbol of your presence in the universe. Dear God, sometimes I am unaware of your love and I fail to see others as your own image and likeness and go away from your loving company. I pray for all those from whom I am withdrawn and indifferent. I ask you Lord to bring healing to strained or broken relationships. Forgive me Lord, for the times I have wronged others, whether by my words, actions, ignorance, neglect or intention. Grant me Lord, the courage and grace to seek their forgiveness and opportunity to make amends. Give me Lord, inner freedom to build up and maintain good relationship with one another. Assist me Lord, to be humble, let go my own ego and change my unfair way of criticizing others. Where others have wronged me, grant me a gracious spirit that I might forgive even as I have been forgiven in Jesus Christ.

Heavenly Father, thank you that you are great and abundant in power, your understanding is beyond measure. Hear my prayer for restoring relationship. Where there is hostility bring kindness; where there is conflict bring gentleness; where there is sin bring forgiveness. You are the God of reconciliation, please help me to trust in your restoring power. You are the God of endurance and encouragement, help me to live in harmony with others, that together we may glorify Jesus Christ. Amen

Sr. Mareena Chacko SSpS



(5)

Lord you have created me in your own image and likeness but I have disfigured this image by my evil deeds. Lord open my heart and cleanse me from within. Give me Lord, your grace to remember that what emerges from within me is what makes me impure: give the grace to live an exemplary life and bear witness to you. Having confident in your love and mercy, I ask you to draw me ever closer until it is you yourself who live and act in me. Set my heart on fire with love and transform my life into your own. Lord help me to become your instrument of joy and happiness to the world through my service and being sensitive to the needs of others. Lord Jesus give me the strength to continue to bear good fruits in your love. Prune my weaknesses that bears no fruit so that I may follow your will and stand strong during tough times. Bless me and pour your goodness into my heart so that all my words and deeds come from a purity of heart and mind and glorify your Name.



Sr. Pratibha Pradhan SSPS

(6)

“Call to me and I will answer you.” (Jer: 33:3).

In hope and faith, we call on you Lord and you will answer us.

We call on you Lord at these panic and pandemic time of our life,
to look with compassion and heal our Universe.

We call on you Lord, grace us with unquenchable thirst for you.

We call on you Lord, be near to us with your outstretched arms of love.

We call on you Lord, like mother wash away all our iniquities
and cleanse us that we may be as white as snow.

We call on you Lord, fill us with the presence of your Holy Spirit. Amen.

Sr. Vimla Jacob SSPS



(7)

The human person is a relational being who never lives alone. Always lives in community, at home, as students in the school or hostel. In such a living conflict with another person is unavoidable, for the simple reason that we are fallible and not perfect beings. Lord God we your children are sinful and we need freedom from sin. Grant us your grace to mend the broken relationship. Lord many of us think that sin as a matter between God and ourselves even though it may be of interpersonal nature. When we sin, it is not only against God but also against one another. One person's sin affects the whole community. To be Christian means to be communitarian.

As Christian we are to bring and maintain an atmosphere of peace and harmony within the community. Mt.9:1-2. Jesus tells the paralytic "your sins are forgiven ". Yes, Lord we are paralyzed by many defects, our anger, jealousy, envy, dis-likeness, criticism, backbiting and gossip. Lord we need healing. We feel helpless. Lord Jesus we believe that you are the only one who can help us, heal us. St. Paul too felt the struggle like us. As he says "for I do not do the good I want, but the evil I do not want is what I do "(Rom.7:19) Lord give us faith to know that you desire to liberate us from such paralysis as in the Gospel. Jesus does not set limits to human forgiveness. Jesus also tells Peter to forgive seventy-seven times. (Mt.18:22). Lord God we are sinners but we believe that we are forgiven sinners. Lord help us to mend our broken relationship and to become instruments of reconciliation in this broken and wounded world.

Here we remember the woman whose children and husband are brutally killed. She had forgiven him totally. As a sign she wanted to kiss him so that he will know that she had forgiven him and it is real. "To err is human to forgive is divine". This phrase expresses the fact that as human beings to forgive those who hurt us is one of the most difficult things in the world. But we are also called to forgive for we are made in the image and likeness of God, and therefore there is a divine element within us. When we forgive, we manifest our true nature of being the children of God. Thank you, Lord, for giving us such graces to forgive ourselves and others. Though it's difficult, with you we believe all things are possible. Make us forgiven sinners your own children. Amen.

Sr. Vinita Joseph SSpS



"Prayer in its simplest form is communication with God, but as with all relationships, there are levels to this communication."